



One Message,  
Many Voices

# 29 Days In February To do something about HIV/AIDS



presented by

The Multicultural AIDS Coalition

31 Heath Street  
Jamaica Plain, MA 02130

Phone: 617-442-1622

Fax: 617-442-6622

Website: [www.mac-boston.org](http://www.mac-boston.org)

## Things I Can Do To Help End HIV & AIDS

1. Know my HIV status. Get tested.
2. Volunteer one hour at an AIDS Service Organization
3. Learn one new fact about HIV/AIDS that I didn't know
4. Identify a place where I can get FREE condoms (male and female) ... JUST IN CASE!
5. Learn how to correctly put on a male and/or female condom
6. Talk to my children, friends, and sexual partner about HIV
7. Make an appointment with my doctor for a physical
8. Remind a friend to get tested
9. Register to vote
10. Memorialize a Loved one who died from AIDS
11. Post a video postcard on YouTube!, demanding better health care for people living with HIV
12. Advocate for HIV prevention services

2008						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 Days In February is sponsored by the Boston Public Health Commission/State of Emergency Initiative, Massachusetts Dept of Public Health/AIDS Bureau and The National Vaccine Advisory Committee (NVAC)					1  Get an HIV/AIDS Red Ribbon	2
3	4 <i>Talk about #1 V at my place of worship</i>	5 <i>Wear my red ribbon on Feb 7th!</i>	Feb. 7th is <b>National Black HIV/AIDS Awareness Day</b> <b>MAC Open House &amp; Reception 4-6p</b> <b>Community Forum 6:30p-8p</b>			9
10 <i>Ask congregation to make an offering to MAC's Faith-based #1 V program</i>	11 <i>Call MAC about testing</i>	12 <i>Reminder: Call Josh at MAC about #1 V Vaccine Clinical Trials, 617-238-2476</i>	13	14 	15 <i>Remember to pack clothing this weekend to donate to WCAC-Women of Color AIDS Council. Call 617-541-1050</i>	16
17 <i>Remember to wear my ribbon today</i>	18-23 <i>Volunteer one day this week to serve lunch at the Boston Living Center for people living with #1 V. Call 617-236-1012</i>					23
24	25	26	27	28	29	
Plan to attend events in March... • Black Church Week of Prayer, Mar 2nd—8th • National Women & Girls HIV Awareness Day, Mar 10th						

### Resources:

**Multicultural AIDS Coalition, Inc** 617-442-1622 [www.mac-boston.org](http://www.mac-boston.org)

**Statewide HIV/AIDS Hotline / AIDS Action Committee Hotline** 1-800-235-2331 (English, Spanish) TTY: 617-437-1672 For Testing Sites in Your Region Go To [www.mass.gov/dph](http://www.mass.gov/dph)

**National STD/HIV Hotline—U.S. Centers for Disease Control & Prevention** 1-800-227-8922

Go To [www.blackaidsday.org](http://www.blackaidsday.org) for information on National Black HIV/AIDS Awareness Day

# MAC Programs

## HIV Prevention & Education

- AFIA (Africans for Improved Access)
- Faith-based Initiatives
- MOCAA (Men of Color Against AIDS)
- Women's Programming
- State of Emergency

## HIV Vaccine Clinical Trials Education

## Peer Support

- Casa Iris

## Technical Assistance & Capacity Development (TACD)

- Community Health Nexus Project

## Expanded HIV Counseling & Testing Referral Services



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## **29 Days In February** **To do something about** **HIV/AIDS**

This year, to commemorate **National Black HIV/AIDS Awareness Day**, February 7th, MAC has created a calendar with a few suggestions about things that **You** can do to help in the fight against HIV and AIDS in communities of color.

We hope that you can support this community-wide effort by committing to doing at least one thing noted on your calendar. Please know that anything you do will help and is greatly appreciated.

Thank you.